



• GRAND ISLAND •

MONDAY, MAY 20, 2019

For kids 8-13 years old
As of December 31, 2019



- **TIME:** 4:30 p.m.
- **REGISTRATION INFORMATION:** This event is free, however participants need to **pre-register by completing the form below by Friday, May 17th** or online at the **Parks & Recreation website**. Please deliver or mail the registration form: Grand Island Parks and Recreation Department, 100 E. 1st St., P.O. Box 1968, Grand Island, NE, 68801. Call 385-5444 ext. 290 for more information.
- **MEET LOCATION:** Northwest High School.
- **AWARDS:** Ribbons will be awarded to the top four finishers in each event.
- **CHAMPIONSHIP MEET:** 1st-4th place finishers from each local meet will advance to compete at the Central Nebraska Youth Track & Field Meet Championships. The Championship will rotate amongst the five cities from year to year. The 2019 Championship Meet will be held in North Platte on Saturday, June 8.
- **COORDINATION:** This event is coordinated by the City of Grand Island Parks and Recreation Department.
- **LOCAL MEET WEBSITES:** Visit www.ci.north-platte.ne.us, www.grand-island.com, www.cityofkearney.org, www.cityofyork.net and www.cityofhastings.org, for information regarding other Central Youth Track & Field Nebraska Meets. Competitors may only compete in one local qualifying meet.

A RECREATIONAL TRACK & FIELD MEET FOR KIDS FROM CENTRAL NEBRASKA!

Cut here and save top portion for your information.

2019 Central Nebraska Youth Track & Field Meet Grand Island Entry Form

For Office Use Only:	
Please check age and gender with Birth Certificate.	
<input type="checkbox"/> Age	<input type="checkbox"/> Gender

PLEASE PRINT CLEARLY (This form and waiver on back must be entirely completed to be eligible)

NAME (Last)	(First)	(Middle Initial)	Boy	Girl
ADDRESS (Street)	(City)	(Zip Code)		
Day Phone Number	Date of Birth	Age as of 12/31/19	School Currently Attending	

IMPORTANT – Participants can enter up to four events using either of the following combinations: two (2) dash/run events, one (1) track relay and one (1) field event, OR one (1) dash/run event, one (1) track relay and two (2) field events. **Please circle the events you wish to participate in under the correct age group.** Relay team members do not have to be in the same age group, but will compete in the division of the oldest person. Relay teams must be of the same gender.

Register according to your age as of December 31, 2019

- | 8-9 year olds
(DOB 2010-2011) | 10-11 year olds
(DOB 2008-2009) | 12-13 year olds
(DOB 2006-2007) |
|---|---|---|
| 1. 50 Meter Dash | 1. 100 Meter Dash | 1. 100 Meter Dash |
| 2. 100 Meter Dash | 2. 200 Meter Dash | 2. 200 Meter Dash |
| 3. 200 Meter Dash | 3. 400 Meter Dash | 3. 800 Meter Run |
| 4. 400 Meter Dash | 4. 800 Meter Run | 4. 1600 Meter Run |
| 5. *4x100 Meter Relay | 5. *4x100 Meter Relay | 5. *4x100 Meter Relay |
| 6. *800 Medley Relay (100m, 100m, 200m, 400m) | 6. *800 Medley Relay (100m, 100m, 200m, 400m) | 6. *800 Medley Relay (100m, 100m, 200m, 400m) |
| 7. Standing Long Jump (Field) | 7. Standing Long Jump (Field) | 7. Running Long Jump (Field) |
| 8. Softball Throw (Field) | 8. Softball Throw (Field) | 8. Softball Throw (Field) |

* **Relay Team**–List names of your team. Must have four entrants. Will compete in the division of the oldest member of the team.

1.	3.
2.	4.

**Please complete
waiver on the back of
this form.**


ORDER OF EVENTS:

- | | |
|---|---|
| 1. *SOFTBALL THROW
Girls & Boys 12-13, 8-9 | 5. 50 METER DASH
Girls & Boys 8-9 |
| *STANDING LONG JUMP
Girls & Boys 10-11 | 6. 100 METER DASH
Girls & Boys 10-11, 12-13, 8-9 |
| 2. *STANDING/RUNNING LONG JUMP
Girls & Boys 12-13, 8-9 | 7. 800 METER RUN
Girls & Boys 10-11, 12-13 |
| *SOFTBALL THROW
Girls & Boys 10-11 | 8. 200 METER DASH
Girls & Boys 10-11, 12-13, 8-9 |
| 3. 1600 METER RUN
Girls & Boys 12-13 | 9. 800 MEDLEY RELAY
Girls & Boys 10-11, 12-13, 8-9 |
| 4. 400 METER DASH
Girls & Boys 8-9, 10-11 | 10. 4X100 METER RELAY
Girls & Boys 10-11, 12-13, 8-9 |

*The softball and long jump events should be completed by approx. 5:30 p.m.

REGULATIONS:

- All participants must compete in their correct age group and gender division.
- Use of track shoes with or without spikes is not permitted. Turf shoes with rubber cleats are also not permitted. Rubber-soled shoes are allowed. No starting blocks will be used. Relay batons will be provided.
- Competitors may only participate in one local qualifying meet (Grand Island, Hastings, Kearney, North Platte and York).

 In case of bad weather, please check the Grand Island Parks & Recreation Facebook page or call 308-385-5444 ext. 295 to hear postponement or cancellation information.



2019 Waiver Release Form

Emergency Information:

Name of Parent or Guardian

Phone #

Email

The named participant and the participant's parent/guardian have requested registration of the participant in the Central Nebraska Youth Track & Field Meet. In consideration of such registration, the right of the participant to compete in the Central Nebraska Youth Track & Field Meet and the use by the participant of the sponsoring agency's facilities and equipment, both participant and the parent/guardian each acknowledge that the participant will be competing in the Central Nebraska Youth Track & Field Meet and sponsoring agency's facilities at the participant's sole risk and the participant on his or her own behalf and on behalf of his or her heirs executors, administrators and assigns hereby release, discharge and agree to hold harmless the City of Kearney, City of Grand Island, City of Hastings, City of York, City of North Platte, and Northwest High School. We also agree to allow the Recreation Departments to use and reproduce the participant's name and/or likeness and/or information concerning the participant and to circulate the same for any and all purposes in any manner. We certify that the information on this participation form is correct.

Signature of Parent or Guardian

IMPORTANT

****In order for the participant to be officially registered, the entry form must be completed entirely, turned in, and the waiver must be signed by a parent or guardian, by 5:00pm, Friday, May 17th. Copy of birth certificate may be requested if moving on to state meet.**